



BRE'ANNA ORTEGA

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Summary

Compassionate pre-Physician Assistant student with diverse clinical experience in chiropractic care, plasma donation, physical therapy, and resident support. Proficient in vital sign assessments, patient education, and collaboration with healthcare teams to enhance patient care. Committed to evidence-based practices aimed at improving patient outcomes.

Skills

- Multitasking Under Pressure
- Insurance Verification
- Compassionate Patient Care
- Microsoft Excel
- EHR Documentation
- Attention to Detail

Experience

PT Solutions
Physical Therapy Aide
06/2026 - Current

- Supported physical therapists in conducting patient evaluations and developing treatment plans to enhance patient care.
- Maintained cleanliness and organization of therapy equipment and treatment areas.
- Prepared patients for therapy sessions by providing support and instruction.
- Educated patients on exercises and proper techniques for recovery.
- Collaborated with healthcare professionals to enhance patient care strategies.
- Coordinated patient appointments and managed front desk operations to streamline service delivery.
- Assisted physical therapists with patient treatments by setting up equipment, preparing patients for treatment and providing support throughout the session.
- Observed patients during exercise sessions to ensure correct technique and safety compliance.
- Monitored equipment use and overall safety of patients.

Family Chiropractic Center For Wellness
Chiropractic Assistant
03/2026 - 05/2026

- Delivered high-quality patient service by greeting, checking in/out, and ensuring a smooth, efficient patient flow
- Assisted patients with therapeutic modalities, including EMS, and supported back-office clinical tasks
- Managed scheduling, patient intake, and maintained accurate records in EHR systems
- Verified insurance (health, auto, workers' compensation) and handled billing, collections, and deposits
- Answered multi-line phones, returned voicemails promptly, and communicated effectively with patients and staff
- Educated patients on treatment plans, appointments, and office programs to improve retention and compliance

The Waverly
Resident Care Assistant/Medication Technician
11/2025 - 02/2026

- Maintained organized patient documentation, processed paperwork, and ensured charts were accurate and up to date
- Collaborated with team members to improve workflow, enhance patient experience, and maintain a clean, professional environment
- Assisted residents with Activities of Daily Living (ADLs), including bathing, dressing, grooming, toileting, and mobility support
- Supported medication self-administration, hygiene, and personal care while maintaining dignity
- Monitored resident conditions and reported changes to ensure safety and well-being
- Maintained clean, organized living environments and managed laundry and personal belongings
- Assisted with meals, feeding, and hydration as needed
- Used and monitored assistive devices such as walkers and wheelchairs
- Provided incontinence care and ensured resident comfort
- Documented care activities accurately and communicated with healthcare team
- Promoted a positive, supportive environment through companionship and engagement
- Ensured resident safety through routine checks and adherence to facility protocols

Octapharma Plasma
Donor Center Technician
08/2025 - 11/2025

- Performed vital sign assessments, medical screenings, and venipuncture to determine donor eligibility
- Monitored donors throughout plasma donation to ensure safety, comfort, and procedure compliance
- Responded to adverse donor reactions and provided appropriate care under clinical supervision
- Maintained accurate records and completed data entry in compliance with FDA and OSHA regulations
- Followed strict infection control, sterile technique, and biohazard safety protocols
- Communicated effectively with diverse donors, providing reassurance and patient-centered care
- Collaborated with medical staff to maintain efficient workflow and high-quality clinical operations

City of New Port Richey
Recreation Leader II
03/2024 - 08/2025

- Planned and led recreational and wellness programs promoting physical activity, health, and community engagement.
- Monitored participants' safety and well-being during all activities, demonstrating attentiveness and quick response to health or behavioral concerns.
- Provided guidance and emotional support to participants of all ages, helping build trust and comfort - key qualities in patient care.
- Collaborated with staff to maintain a clean, safe, and organized environment in compliance with department standards.
- Documented attendance, program data, and participant feedback with accuracy and professionalism.
- Developed strong interpersonal communication and leadership skills through daily interaction with diverse groups.

PT Solutions
Internship

- Assisted licensed Physical Therapists with rehabilitation programs for high school athletes, supporting injury recovery and return-to-play goals

04/2025 - 07/2025

- Prepared and supervised patients during therapeutic exercises, stretching routines, and functional movement drills
- Monitored patient responses to treatment and reported progress, concerns, and pain levels to the supervising PT
- Educated students on proper body mechanics, injury prevention strategies, and exercise form
- Maintained a clean and organized treatment area, ensuring infection control and equipment readiness
- Collaborated with PTs, athletic trainers, and school staff to ensure safe and effective care
- Developed hands-on experience with musculoskeletal injuries, sports rehab, and patient interaction

Big Lots

Sales Representative

04/2020 - 10/2022

- Operated cash register and processed transactions accurately and efficiently
- Resolved customer complaints and issues promptly and effectively
- Provided high-quality customer service in a fast-paced environment, serving diverse populations with professionalism and empathy
- Developed strong communication skills by interacting with customers and team members to ensure accurate orders and satisfaction
- Maintained strict sanitation, hygiene, and safety standards, following health protocols
- Collaborated with coworkers to ensure efficient workflow and time management during high-volume periods

Education and Training

University of South Florida

Bachelor of Science in Health Science

08/2026

Saint Petersburg College

Associates of Arts

02/2026

Anclote High School

High School Diploma

06/2023

Languages

Spanish, Working knowledge

Personal Information

Title: Healthcare Professional